

Rotary
PAYYANUR



PARROLINES

MONTHLY CLUB BULLETIN

**UNITE
FOR
GOOD**

DECEMBER 2025

Issue 6

2026

**HAPPY
NEW YEAR**



Rtn. Bijosh Manuel
District Governor 2025-26



Rtn. Surendran P
President



Rtn. Dr Anil Kumar E
Secretary

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We meet every Tuesday at 7.45 p.m.
at William Cable Memorial Hall, Rotary Bhavan, Kelothe, Payyanur

MESSAGES

RI President



Francesco Arezzo

RI President 2025-26

December 2025

This month's special issue of Rotary magazine is all about happiness, that most elemental of human yearnings. More than a feeling, though, this state of positive well-being, and the conditions necessary to create and sustain it, should be consid

ered a universal right. December also marks Rotary's Disease Prevention and Treatment Month, when we highlight our members' work to promote health and wellness, including mental wellness. Globally, nearly 1 in 7 people have a mental health disorder, according to a recent World Health Organization report. Yet only 9 percent of people with depression receive adequate treatment.

We are fortunate in Rotary to have a powerful way to support emotional well-being and happiness: friendship. The connections we build in Rotary can be a powerful force for change. I know this from personal experience.

When my fellow members first proposed that I become club president, I demurred. I had a stutter. I was terrified of speaking. But having club members who supported me and surrounded me with affection enabled me to face my fear, and I found a way to stand confidently before a crowd.

Today, I regularly address audiences — some numbering in the thousands — in a language that is not native to me. The Rotary members in my life helped me create lasting change within myself.

That fellowship gives us the courage and means to create lasting change in the world as well, and mental health services are in desperate need of improvement. The WHO reports that governments on average devote only 2 percent of their health budgets to mental health, and only 11 percent of that funding reaches community-based services. In some countries, only one trained mental health professional is available for every 100,000 people. The WHO has called for strategic and urgent action to close the gap.

Rotary can answer that call by championing mental health awareness in our clubs, working with local health systems, funding training for community health workers, and supporting initiatives that bring care to places where none exists. Even small investments in mental health yield enormous returns in productivity, public health, and happiness.

While we are creating lasting change in the world, we cannot forget to take care of each other. Past RI President Gordon McNally wisely reminds us that we must go beyond asking, "How are you?" We owe it to each other to instead ask, "How are you really?"

As we transition to a new year filled with new possibilities, let us Unite for Good — for healing, friendship, and access to happiness.

President

Dear fellow Rotarians

I wish you all a very Merry Christmas and a Happy New Year. I would like to extend my sincere thanks to all the Rotarians who helped make the first half of this Rotary year so fruitful and beautiful. I request your continued, unwavering support as we move into the second half. The sixth edition of our bulletin, Parrolines, has reached you. I would like to thank our Bulletin

Editor, Rtn. T.A. Rajeevan, who works diligently to ensure it reaches you on time every month. Furthermore, we have successfully implemented the first phase of this year's signature project: Artificial Limbs. My thanks go to the Rotary Club of Coimbatore Midtown, their technicians, and our dedicated Rotarians for the successful execution of this project. We now look forward to completing the second phase shortly.

Once again, wishing you a Merry Christmas and a Happy New Year.



Rtn. Surendran P
President 2025-26

The Editor's Take

Dear Rotarians and family members

As the December frost settles upon the earth and the days grow short, we find ourselves standing at the quiet edge of the year. It is a season of long shadows and flickering hearths—a time when the frantic pace of "Service Above Self" pauses for a singular, collective breath.

The year now departing is like an old book, its spine creased by the weight of our shared efforts and its pages stained with the ink of both our struggles and our triumphs. We have seen projects bloom from mere seeds of thought into forests of impact. We have witnessed the quiet alchemy of a handshake turning a stranger into a brother or sister in service.

Philosophically, we must remember that time is not merely a thief that robs us of days; it is the master sculptor that carves our character. Every challenge we faced this year was but a chisel's stroke, refining our resolve and smoothing the rough edges of our intentions.

The Poetics of the New Dawn as the clock prepares to strike its final midnight, let us not look back with regret, but with the grace of a traveler who has reached a high mountain pass. Behind us lies the valley of our experience; before us, a horizon draped in the mist of possibility.



Rtn. Rajeevan T.A

ACTIVITY REPORT FOR THE MONTH OF NOVEMBER 2025

Rtn. Dr Anil Kumar E (Secretary)

- NOV 01 : DISTRIBUTION OF ROTARY EDUCATIONAL ENDOWMENTS TO 42 STUDENTS OF 30 SCHOOLS/COLLEGES. CHIEF GUEST Rtn MD MV MOHANDAS MENON
- NOV 01 : "KERALA PIRAVI" DAY CELEBRATION BY OUR TAILORING STUDENTS AT KARMAKSHETHRA.
- NOV 06 : FREE OPHTHALMIC CAMP AT GHSS MATHIL. INAUGURATION BY SRI PANKAJAKSHAN, Ward councillor.
- NOV 13 : FREE OPHTHALMIC CAMP AT GHSS CHEEMENI
- NOV 18 : CLASSIFICATION TALK BY Rtn NAVEENA AK ON NEXT GEN AI
- NOV 18 : ROTARY ASTER MEDICAL VAN – FREE MEDICAL CAMP AT GHSS VELLUR
- NOV 19 : FREE OPHTHALMIC CAMP AT GHSS VELLUR
- NOV 19 : DONATION OF SANITARY NAPKIN INCINERATOR AT GHSS KORM- PROGRAM ORGANISED BY ROTARY ANN'S FORUM, PAYYANUR CLUB.
- NOV 20 : ROTARY ASTER MEDICAL VAN –FREE MEDICAL CAMP AT DESHODHARANA VAYANASHALA, KANAYI.
- NOV 24 : FREE OPHTHALMIC CAMP AT KANDOTH ALP SCHOOL
- NOV 25 : FAMILY MEET AND MUSICAL NIGHT
- NOV 25 : RELEASE OF BULLETIN
- NOV 29 : RCC PRATHYASHA MEETING



QUOTE OF THE MONTH

Anything that costs you your peace is too expensive... learn to let it go



Indian Women: A Look Back on 2025

As we step into 2026, it is worth pausing to reflect on a year that wasn't just about progress, but about unprecedented firsts. In 2025, the "Nari Shakti" narrative moved beyond slogans into the record books. From the cricket stadium to the boardroom, here are the moments that defined the Indian woman's journey last year.

The Year of the "Maiden" Titles

2025 was, without a doubt, the greatest year in the history of Indian women's sports.

- **Cricket Glory:** In November 2025, the Indian Women's Cricket Team made history by lifting their first-ever ODI World Cup title on home soil, defeating South Africa in a thrilling final.
- **Chess Prodigy:** 19-year-old Divya Deshmukh became the first Indian woman to win the Chess World Cup and earned the title of Grandmaster—only the fourth Indian woman ever to do so.
- **Blind Cricket:** The Indian Blind Women's Cricket team also secured the inaugural T20 World Cup for the Blind, proving that resilience knows no bounds. Economic and Tech Frontiers
- The workplace saw a shift toward high-stakes leadership and digital inclusion.
- **The 41% Milestone:** The Female Labour Force Participation Rate (LFPR) climbed to a historic 41.7%, driven by the massive "Jeevika" and Self-Help Group networks.
- **Billionaire Benchmarks:** Roshni Nadar Malhotra scripted history by becoming the first Indian woman to break into the world's top 10 richest women (Hurun Global Rich List), ranking 5th globally.
- **AI Leadership:** In the tech world, Pragya Misra made waves as OpenAI's first-ever hire in India, placing an Indian woman at the forefront of the global AI revolution. Legal and Social Safeguards
- 2025 was also a year of consolidation for women's rights and safety.
- **The New Codes:** With the full implementation of the Bharatiya Nyaya Sanhita, new safeguards for women came into focus, including the mandate that a woman's statement must be recorded at her residence for her comfort and safety.
- **Education Reform:** Safeena Husain, founder of Educate Girls, was honored with the Ramon Magsaysay Award, highlighting India's global leadership in grassroots gender equity.



Rtn. Shyna Ravindran

Environmental Sustainability Rotary Action Group (ESRAG)

Rotary Action Groups are independent entities affiliated with Rotary that each have a specific humanitarian focus, such as economic development, peace building, addiction prevention, growing local economies, providing clean water, or environmental sustainability.

Organized by Rotary members and nonmembers, the groups include people around the world who have knowledge, experience, or an interest in the topic. Action group members participate in meaningful service activities and use their expertise and global networks to facilitate sustainable changes.

Environmental Sustainability Rotary Action Group (ESRAG) formed to empower members of the Rotary Family worldwide to take actions to sustain our environment, particularly to stabilize our climate.

ESRAG members see a world where people unite and take action to protect the environment for a sustainable future. In accordance with Rotary International's guidance for Action Groups, the Environmental Sustainability Rotary Action Group, ESRAG, gathers individuals, experts and partners whose goal is to provide awareness, dialogue, resources, and best practices for the environment. ESRAG, assists the Rotary family to plan, run, and evaluate projects, programs, and practices that support actions in the Environment Area of Focus.

What we Do

Environmental Sustainability Rotarian Action Group (ESRAG) assists Rotary clubs, districts and multi-districts in planning, implementing and evaluating service projects, building awareness, and inspiring action. These projects promote environmental sustainability, awareness of climate change, and actions to reduce greenhouse gas emissions and to mitigate climate disruption. ESRAG promotes educational resources, initiates dialogue about environmental sustainability, and uses best practices in models and assessments for both projects and daily choices. This work advances the Object of Rotary through positive impacts in all six Areas of Focus.

ESRAG's focus on environmental sustainability offers Rotary the opportunity to provide long-term benefits for people all over the world. We will work to ensure that project investments preserve the ability for the environment to renew itself and continue to support human well-being, thereby supplying life-sustaining benefits to communities.

Our Impact

Since its inception, ESRAG has grown to include over 1,800 members from more than 100 countries. Our members engage in a wide range of activities, from tree planting initiatives to climate education programs ESRAG has been

instrumental in significant Rotary milestones, such as supporting the challenge to plant 1.2 million trees and collaborating with the United Nations Environment Programme.

Our Mission

Vision Statement : A world where people unite and take action to protect the environment for a sustainable future.

Mission Statement : Inspire and empower the Rotary Family with extensive expertise, networks, education and best practices to implement sustainable and impactful environmental projects.

IPDG Dr.Santhosh Sreedhar

Regional Head, ESRAG, RIDs-3204, 3205 & 3211

Strategic Plan

- Protect, preserve, and conserve natural resources
- Implement pollution solutions
- Avert biodiversity and ecosystem loss
- Support sustainable and resilient food systems
- Promote clean and affordable energy and energy efficiency
- Implement climate solutions
- Foster circular economies that eliminate waste
- Support sustainable living and responsible consumption
- Promote ecosystem and community resilience
- Advocate for environmental equity and public health

GOALS

1. Foster environmental activity by developing impactful, and sustainable multi club and district projects and communicating these to clubs
2. Stimulate significant environmental action by establishing task forces and teams, developing expertise and educational materials
3. Engage, inspire and support Clubs and Districts to plan and implement sustainable environmental projects in the Rotary Areas of Focus

Membership Information

The Environmental Sustainability Rotary Action Group assists Rotary clubs, districts and multi-districts in:

- Planning and implementing impactful and
- Environmentally sustainable service projects educating and building awareness
- Building global and local networks
- Inspiring sustainable living/action
- Supporting Rotary International's environmental initiatives.

It is not necessary to be a member of a Rotary or Rotaract club to join ESRAG. All are welcome. Anyone who wants to share their expertise to make a positive difference can join our Environmental Sustainability Rotary Action Group. Only Rotarians, Rotaractors, and Rotary Peace Fellows can serve in leadership roles.

Annual Dues and Membership Levels

Your membership dues are the sole source of support for ESRAG's website and administration costs. Annual dues are tax-deductible in the United States.

We are grateful for your support!

- Regular: USD \$30/year
 - Rotaractor >18 yrs old: USD \$15/year
- Multi-year memberships dues are also available at the following levels.

- Regular: USD \$125/5 years

So Rotarians, let's join hands in our Environment Sustainability Rotary Action Group to create a greener, healthier planet for all living things. Together, we can make a meaningful impact and build a better future. Let's work towards a sustainable environment that supports life and fosters well-being for generations to come.